

**MID-SHORE LOCAL HEALTH IMPROVEMENT COALITION MEETING**  
**October 21, 2013**

<b>Present:</b>	Carolyn Brooks	Jackie Carter	Tracy Curry	Janet Fountain
	Lee Franklin	Michelle Hammond	Roger Harrell	Holly Ireland
	Kathleen McGrath	Cathy McKelvy	Wanda Molock	Nicole Morris
	Michelle Morrisette	Chris Pettit	Krista Pettit	Rebecca Rice
	Leland Spencer	Mary Ann Thompson	Mary Walker	Linda Walls
	Sandy Wilson			

**I. WELCOME:**

Dr. Spencer welcomed everyone to the meeting, and a round of self-introductions was made.

**II. MEETING OBJECTIVE FOCUS:**

Strategic planning around suicide prevention.

**III. DR. SPENCER'S INTRODUCTION AND ANNOUNCEMENTS:**

- We will not meet in November. Our next meeting will be in December.
- The next few meetings' focus will cover a wide range of health topics such as: suicides, over-utilization of the ER by mental health patients and substance abuse.
- We plan for these topics in order to support county coalitions addressing health in the community, etc. However, our role could be changing. DHMH is putting forth grant proposals for future funding to possibly expand our role to implementation. Dr. Spencer will keep the coalition informed of any updates in this area.
- Dr. Spencer is presenting tonight, October 21<sup>st</sup> at the hospital in Kent County at 7pm during the combined Cancer Support Group's meeting.
- Dr. Spencer reviewed pertinent data from last meeting's PPT presentation via a handout that was distributed with selected slides.
- We are working on a planning strategy to put us in a ready position if funds become available to implement. This way we will already have backing from the entire region.

**IV. MEMBER UPDATES AND ANNOUNCEMENTS:**

Linda Walls:

- Maryland Association of Prevention Professionals and Advocates (MAPPA) annual conference November 4<sup>th</sup> and 5<sup>th</sup> in Ocean City at the Holiday Inn Ocean Front. Details and registration are available at [www.mappamd.org](http://www.mappamd.org)

Nicole Morris:

- An informational session is being offered to learn about the resources available through Healthiest Maryland Businesses on Thursday, October 24<sup>th</sup> from 3:30-4:00 pm at AHEC in Cambridge, MD.

Holly Ireland:

- There is a Mid-shore Mental Health network meeting at Talbot County Social Services on Wednesday, October 23<sup>rd</sup> from 10:00 am – noon. The next meeting is January 22<sup>nd</sup> from 10:00 am – noon at the Cambridge Public Safety Building.

- Queen Anne's County LMB has a separate Suicide Prevention Coalition- If interested in attending/joining, email Holly Ireland or call the office and let Erika know.

## **V. LINDA WALLS- RESULTS ACCOUNTABILITY**

In the past 11 years, there have been 25 suicides in the transitional age group (age 16-25) on the Mid-Shore. Of those, 23 were males, 2 were females- all white. Firearm use in suicides is increasing nationally; on the Mid-Shore the percentage is about 54%.

Kids Count Data- for lack of social support and community connectedness, we ranked 20<sup>th</sup>. Community connectedness was very low, at 17-19% (feeling valued in the community). These numbers did not vary between rural and urban youth.

We are using results accountability to plan strategies for suicide prevention. We started this process last month. The process uses a series of questions that focus on common questions, common language and common outcomes to achieve the overarching goal you are striving for.

- Desired Result- EX: Suicide Prevention
- Headline Indicators- 1-3 data trends that can be tracked to show results over time.
- What's the story behind the data? - EX: The PowerPoint presentation shared by Dr. Spencer.
- Is there some data that would indicate if we made a difference?
  - Why is it this age group?
  - Why the increase?
  - Demographics?
- Who are the partners with a role to play?
- What works to achieve the results? Achieved by brainstorming ideas and using best practices/evidence-based strategies.
- Pick 2-5 things to turn into a list for overarching strategies
  - When to act on those strategies?
  - Who will do it?
- Grant application, local action team, needs assessment, etc.
- 3 results: listed at top of planning page handout
  - Integrated system of care where prevention, screening, and intervention for behavioral health are common practices across the lifespan
  - Significant reduction (10%) in behavioral health visits to the Emergency Department
  - View behavioral health as essential to overall health

Today focusing on suicide-People need to become more comfortable talking about these issues to reduce stigma.

## **DESIRED RESULTS**

Suicide Prevention through...

## **INDICATORS**

- White and black differences
- Age change?
- Opiate use
- Overdose attempts
- Why is the Mid-Shore higher in firearm use? Firearms as a method?

Holly Ireland- There is an international movement called Means Matter-to decrease access to decrease action

### **STORY BEHIND**

- Cultural differences- spirituality?
- Firearm access- the #3 method
- Hangings- the #2 method
- Lethality of the methodology; likelihood you will die given the method used- firearms have a very high lethality, but suicide by overdose has a lower lethality because there is a greater window to counteract the method.
- Hangings- erotic asphyxia or accident?
- Need to know more about the data
- Motor vehicle accident as a method
- Increased use of psychotic drugs as a connection to suicide

### **PARTNERS**

- EMS/law enforcement/emergency departments
- Schools
- Doctors
- Mental health clinics
- Mobile Crisis Teams (MCT) MSMHS-Mid Shore Mental Health Systems
- Churches
- Non-profits
- Colleges
- Businesses
- Wellness programs
- Homeless persons
- Media
- Pharmacies
- Mental Health Association
- Health Departments
- Gun suppliers
- Insurance companies
- YMCA/community centers
- Senior centers
- Department of Aging
- Residents/Citizens
- Primary care

### **WHAT WORKS?**

- Address need to fit population
- Research literature-find the connections
- Study of methods
- Study of local incidence
- Limit firearm-access-(decrease means)
- Online experience- clicking on a link and getting information about means, etc.
- Funding formula for BH intervention
- Education for professionals and public about resources available

## **MOBILE CRISIS- 1-888-407-8018**

### **VI. NEXT COALITION MEETING:**

The next coalition meeting will take place on Monday, 09 December 2013 at 12:30 pm, at the Queen Anne's County Health Department. Lunch will be provided, beginning at noon.

### **VII. ADJOURNMENT**

The meeting adjourned at 2:00 pm.