

MID-SHORE LOCAL HEALTH IMPROVEMENT COALITION MEETING
December 08, 2014

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|-----------------|--------------------|------------------|------------------|-------------------|
| Present: | Jennifer Berkman | Cathy Bilodeau | Carolyn Brooks | Joseph Ciatola |
| | Mike Clark | Jill Cotter | Janet Fountain | Michelle Hammond |
| | Scott Haas | Roger Harrell | Holly Ireland | Susan Johnson |
| | Julie Jones | Margaret Jopp | Miranda LeCompte | Paula Lowry |
| | Thom McCarty | Kathleen McGrath | Wanda Molock | Nicole Morris |
| | Michele Morrisette | Sharon Pahlman | Chris Pettit | Krista Pettit |
| | Rebecca Rice | Robin Shores | Leland Spencer | Mary Ann Thompson |
| | Sandra Wilson | | | |

I. WELCOME, INTRODUCTIONS AND ANNOUNCEMENTS: DR. SPENCER

Dr. Spencer welcomed everyone to the meeting, and a round of self-introductions was made.

- It is time to update SHIP Health Action Plan
 - Of the 39 health indicators, the top 3 for our region are: diabetic ED visits, adolescent obesity and adolescent smoking rates.
 - In the 2013 ranking, adolescent obesity dropped out of the top 5, obesity is up, smoking dramatically improved, but still up since others improved as well.
- The new plan addresses the same areas for diabetes.
- For adolescent smoking- no regional activities are planned, as counties are doing so much in this area.
- Mental health through MSMHS- Holly Ireland- covered as a region through her organization- this is well-handled already.
- Substance abuse ED visits are now a separate indicator
- There is no new funding to address these areas- so we will focus on what is currently being done.
- Diabetes self-management training study looked at 2012 data- looked at 100,000 private patients with insurance who were newly diagnosed diabetics- how many during the first year of diagnosis went to get training or education about being diabetic- 6.8%; it was 15 % for insulin dependent diabetic patients.

II. REGIONAL PARTNER UPDATES

Nicole Morris: Community Clinical Linkages

- Received funding to work on initiatives around priorities- Body & Soul project (healthy eating and physical activity in congregations through health ministries).
- Capacity building on the mid-shore includes training community members for CHWs and peer leaders for CDSMP.
 - So far they have educated over 150 people, largely for diabetes, reaching people where they are.
 - They are poised to reach an additional 250 people.
- Million Hearts funding will build upon what we have already done, with room to grow.
- Looking at how best to engage Primary Care providers to refer out to these resources.
- Many resources are being leveraged on the Mid-Shore to saturate the community.

Kathleen McGrath: Shore Health

- Community benefits report for FY14- HSCRC and government under ACA.
 - Shows how we serve the underserved in the area.

- DHMH is looking to the hospitals- health needs assessment to be done in FY15 will then be reported on in 2016.
 - Will look at how we partner; will be looking to the coalition for planning for this to really look at the true cost to move the needle on ED visits for diabetes, etc.
 - July 2015 will be the data collection for the needs assessment- prioritizing needs, etc.
 - Looking at Shore Wellness partners- readmission rates, partnering on grants.
 - Metrics from SHIP helped drive the priorities.

Susan Johnson: Choptank Health

- New Quality department- changed the focus for population health.
 - New team with Jill-looking at chronic disease patients- where are the gaps in care?
 - New Patient Services Coordinators- linking patients to services.
 - Clinical Informatics Coordinator to be able to run reports, making sure everything is in the right place. The goal is to have everything in the chart.
 - Dental case manager being hired.
 - Just got started looking at what patient population looks like.
 - Health care transitions team- first meeting was last Friday. This is hands on work to make sure linkages are made between patients and the care they need.
 - Would like a CHW to be part of the team as well.

Holly Ireland:

- Phase 2 in administration, finance and regulation.
- Phase 3-Value Options goes into effect January 1, 2015- fee for services
 - Substance abuse will be worked into fee for services -core service agencies and local addiction services- localities.
 - There are many changes associated with the transition.
 - Updating community health plan- needs assessment done in 2014.
- Shared a handout that individuals could sign up to be on groups working 6 goals.
- 1 in 4 people have a diagnosable behavioral health issue; 60% of adults do not receive treatment.
 - Stigma prevents individuals from seeking help.
 - Individuals will go to a friend or family member instead of seeking professional help.
 - Suicide rates and domestic violence rate are very high and need addressing as well.
 - Crisis Services Committee-provides intervention and training for law enforcement and emergency first responders to identify situations and be able to divert to appropriate services. It is a 40-hr introductory training- to be more effective in diverting from the ED to community based services.

Jennifer Berkman: ESAHEC

- Have submitted HERSA grant to expand mental health services to University of Maryland Shore Regional Health at Chestertown hospital.
- Because of ACA, educating low literacy individuals on how to make an appointment, what their benefits are, etc. Will be hosting training in Spanish and English.
- Updating training for CHWs, etc.
- Hosting training for Prediabetes Prevention Program- the prediabetes program is very important because it is meeting the needs of the general population because they might seek out a diabetes educator but they might not qualify to receive education through insurance because they are not a diagnosed diabetic.
- Representatives went to Capitol Hill last week- republicans and democrats don't want to see a freeze- AHECs are not in the President's budget.
- Currently working with the CDC to educate the public and the American Association of Pediatricians about HPV vaccinations- educating them on how to give advice about getting

the HPV vaccination.

III. PRESENTATION- SANDY WILSON- HEZ UPDATE- DORCHESTER COUNTY HEALTH DEPARTMENT

PPT and handouts available on www.midshorehealth.org

- Cambridge to Federalsburg in Caroline County- 10.5 practitioners.
- In second year, funders want to know what are the benefits of the recruits?
- Focus on diabetes, hypertension, and behavioral health concerns.
- Support staff- CHWs
- Linda walls developed a system of data gathering- was able to report 1429 unduplicated individuals-56.4% minority
- Challenges- year one
 - Federalsburg clinic opening in mid-January- for adult behavioral health needs instead of having to go elsewhere.
 - Referrals to CHW
 - Calculating cost savings
- Year 2 goals- same as year 1, but will be held highly accountable to evaluators.

IV. PRESENTATION- SHARON PAHLMAN- UNIVERSITY OF MARYLAND COOPERATIVE EXTENSION- SOLUTIONS IN YOUR COMMUNITY

PPT and handouts available on www.midshorehealth.org

- Shared handouts of each county's faculty and staff contacts.
- The cooperative extension service is celebrating 100 years
- The Morrill Act, and Smith-Lever Act- research based knowledge brought to the people and supported by the USDA and individual counties
- Offers educational services on a variety of topics to youth and adults.

V. ADJOURNMENT: With no further business, the meeting adjourned at 2:00 pm.

The next coalition meeting will take place on Monday, March 9, 2015 at 12:30 pm, at the Queen Anne's County Health Department. Lunch will be provided, beginning at noon.